

CAMPFIRE DEEP SILENT RETREATS - June 2025

SCHEDULE (subject to change)

Day	AM 8-12	PM1	PM2
Friday			Shared Evening Meal Evening Prayer Introductory Reflection Silence Begins
Saturday	Morning Prayer Shared Breakfast 9-12pm Reflection and Group Meditation Meditative Walking Group and Individual Meditation	Shared Lunch 1pm to 3pm Group Meditation Meditative Walking Group and Individual Meditation 4pm to 6pm Individual silent time	Shared Evening Meal Evening Prayer Group Meditation Individual silent time
Sunday	Morning Prayer Shared Breakfast 9-12pm Reflection and Group Meditation Meditative Walking Group and Individual Meditation	Shared Lunch 1pm to 3pm Group Meditation Meditative Walking Group and Individual Meditation 4pm to 6pm Individual silent time	Shared Evening Meal Evening Prayer Group Meditation Individual silent time
Monday	Morning Prayer Shared Breakfast 9-12pm Reflection and Group Meditation Meditative Walking Group and Individual Meditation	Shared Lunch Group Meditation Silence ends	

Notes:

- The focus of these retreats is on enabling regular meditators to enter more deeply into the 'great silence'. Our journey into silence is always uniquely personal, a journey of self-discovery and joy, so the emphasis in these silent retreats is on the practice of meditation. We will reflect together on the themes of nature and body but, I believe, it is deepening silence, not the thoughts of our minds, that will transform our relationships to ourselves, our bodies, others and all nature. Hence the emphasis on be-ing in silence.
- These retreats are designed specifically for experienced meditators. My practice fits within an ancient Christian tradition, but experienced meditators from any tradition are welcome and we all will, I trust, be open to one another's experience. Since the retreat is for experienced meditators and is silent, participants are expected to be self-sufficient, listening with their heart and using their own experience of silence and stillness to guide them into the state of a 'permanently patient heart with the love of self eradicated' (William James) where self-centeredness and egocentricity have been dissolved.
- During the three days of retreat I recommend that we together practice a 'digital fast' to help us be fully present to the silence and one another.

Rodney Marsh