



Campfire IN THE Heart

What's On: Winter Update 2024



Dear friends of Campfire in the Heart,

As we walked early morning the paths at Campfire, in single file, sensing each footfall, silently aware of light and leaves and each other, we heard again the call that has drawn us to be part of this ancient sacred place.

The "**Beholding Divine Beauty**" retreat was looking like a small one which got smaller as it came closer, with COVID and other circumstances necessitating cancellations ... which wonderfully allowed an intimacy to grow among the retreatants as we creatively, respectfully explored our differing understandings of the Divine, conversations both engaging and at times challenging as we opened to new possibilities.

There were many highlights: times of meditation (new for some) and of silence and being outside in creation gave us a deep sense of community, a shared delight in so much beauty all around us every day. sessions on writing haiku's, on practising 'dadirri', art time with Paul's guidance, sharing our 'things of beauty' and their story in our lives, visits to sacred places where we practiced how to "consciously receive even momentary impressions of beauty's presence", indeed an enriching time, "life-changing" some said.

Enjoy some reflections below on our recent retreats and a glimpse of what's coming up, including two meditation retreats facilitated by friends from the [World Community for Christian Meditation](#) in August.

Listen to Donna Mulhearn interviewed by [ABC Radio National's Soul Search](#) program, while in Alice Springs leading the "**Exploring the Labyrinth Retreat**".

Read a reflection on the "**Exploring the Labyrinth Retreat**" by Campfire Companion [Sarah Bishop](#) and a reflection on the "**Beholding Divine Beauty Retreat**" by Campfire volunteer and retreat participant [Dominica Roebuck](#).

And lastly, you're now able to support Campfire by purchasing something from our new "[gift shop](#)"! We now have t-shirts and gift card packs available.

Please join us in the beauty of the Central Australian desert! There is a myriad of offerings...

Peace and blessings,

Judi, Paul and the Campfire Companions (Board)

Upcoming retreats

Women's Mountain Biking Retreat

Imagine yourself mountain biking hand-made flowy trails amongst an ancient desert landscape of escarpments, ochre colours, ghost gums, and blue skies.

The retreat is facilitated by George Landy of [Wellness on Wheels](#).

28 July - 3 August 2024

Cost: \$2,857 – \$3,397

[More info](#)



Mind the Gaps

Practicing Christian Meditation is a way which takes both space and time. It means creating gaps, separating our imaginings, thinking, planning from our being. In the words of John Main “we let go of them because we know we must enter into total silence.” The silence, too, is a gap for “at first it seems an emptiness and an absence.”

11 - 16 August 2024

Cost: \$555 - 995

[More info](#)

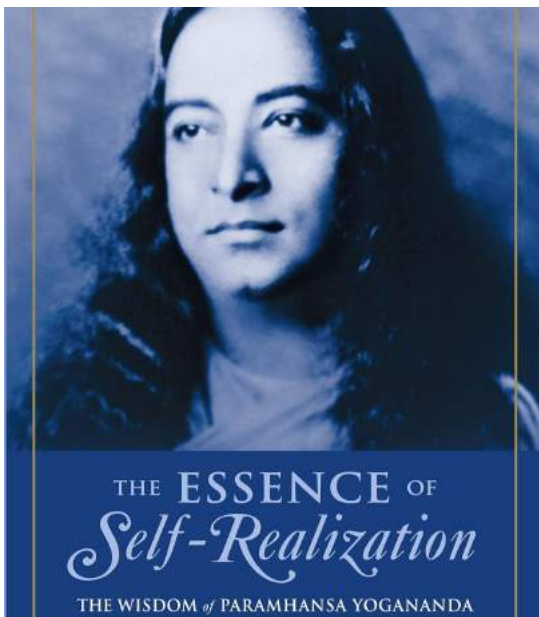
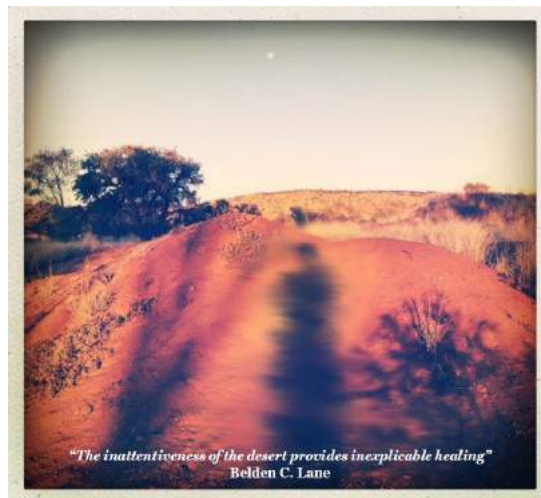
Desert, Dangers & Divine Disinterest

Fr Bernard Leslie McGrath (OSB), a monk with St Benedict's Monastery Arcadia, returns to Campfire this year 25-30 August to again offer Desert Dangers and Divine Disinterest ... the Need to Pray Without Ceasing which was of considerable interest last year.

25 - 30 August 2024

Cost: \$555 - 995

[More info](#)



Essence of Self-Realisation

In this 3-day retreat we will explore what it means to walk the universal path of self-realisation and learn how to "improve your knowing" of God within you through applying the yogic teachings and techniques by Paramhansa Yogananda, the well-known author of [*Autobiography of a Yogi*](#).

Facilitated by Brahmacharya Bhakti, of [Ananda Sangha Australia](#).

26-29 September 2024

Cost: \$404 – \$674

[More info](#)

KINDNESS IN MOTION

Womens Wellness Retreat



Women's Wellness Day Retreat

Join Ruth Tahere for a rejuvenating escape, take a break and indulge in some 'me time' and connect with like-minded women.

Retreat includes:

Exploring self-care techniques

Embracing mindfulness practices

Engaging in fun and transformative activities.

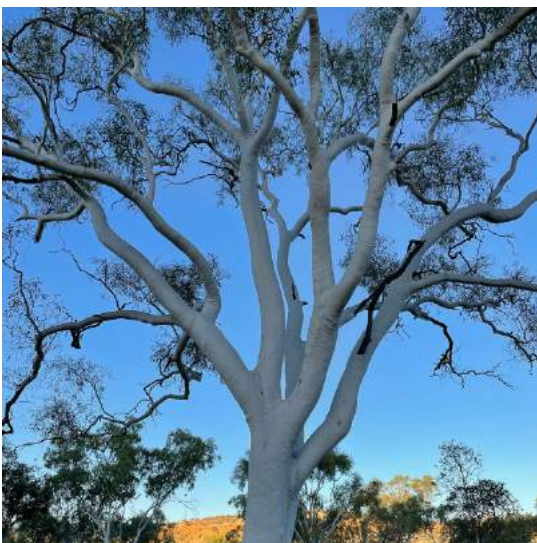
Nourishing food, yoga, massage and mindfulness activity.

6 October

Cost: \$250 or come with a friend for \$200 each

[More info](#)

Weekly events



Monday Meditation

Mondays 5:30 pm

Suitable for beginners, as well as experienced meditators.

[More info](#)



Labyrinth Walking

Sundays 2-4 pm

A peaceful space for meditators of all traditions to come together and sit in silence.

[More info](#)

Campfire Reflection

Wednesdays 6:30 pm

A pot-luck dinner, followed by time of reflection and sharing around the campfire.

[More info](#)



Online Offerings

Weekday mornings

Campfire in the Heart offers a free online meditation every weekday morning, followed by morning prayers.

[More info](#)



Campfire in the Heart

147 Ragonesi Road, 0873, Alice Springs

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