



Campfire IN THE Heart

What's On: Autumn Update 2024





Dear friends of Campfire in the Heart,

Greetings from the Campfire community as we gradually transition to cooler weather and enter into a new season of retreat offerings.

We invite you to join in any upcoming events that might be possible for you, be it one of our residential retreats, local gatherings or online groups.

You will find information about **four upcoming contemplative retreats at Campfire**, hosted by the [WCCM community](#), covering topics such as the labyrinth, divine beauty, Christian meditation and prayer.

We are really excited about the opportunity these retreats provide for you to come away and immerse in desert spirituality, silence and deep contemplative work and would love for you to join us. There are links with further information and booking forms below.

For **Alice Springs locals**: Monday meditation, Contemplative Book Club, Wednesday night's Campfire Reflection and Sunday Silence are open to all, as are our **online offerings** (meditation and morning prayer) on weekdays, which can be joined by anyone across Australia. You can find more information about these groups [here](#).

Also, Campfire welcomes inquiries from those who would like to come and join the small community here as a **volunteer**.

You can send an expression of interest using this form: <https://forms.gle/zgS5Z9f4EKDtXcbp9>

Fran Pegrem, a recent volunteer has shared her reflections on her experience, which you can read [here](#).

This year there is also an opportunity to volunteer as a **Mediator-in-Residence**. Staying a minimum of 2 months and up to 6 months, the Mediator-in-Residence would be a spiritual presence to work with and complement the offerings of the managers. They would offer daily times of meditation in the [WCCM tradition](#) embodying the Benedictine values of hospitality, generosity and humility for all who visit Campfire.

We are calling for expressions of interest among WCCM meditators at home and internationally. You are welcome to [contact us](#) about this.

Finally, we invite you to have a look through our [new website](#). It contains news of events, information about our accommodation and facilities and other interesting things - enjoy!

***Peace and blessings,
Judi, Paul and the Campfire Companions (Board)***

Upcoming meditation retreats

Exploring the Pilgrim Path of the Labyrinth

It's been said that labyrinths emerge in the world at times when they are needed. Today we are seeing a flourishing of labyrinths – together we will consider the question: what can they teach us?



This retreat will explore how the Labyrinth can be used for personal and spiritual growth, for healing, examining questions and a safe place to explore our journey in life.

Guiding the retreat will be Donna Mulhearn, a trained Labyrinth facilitator supported by Judi and Paul Taylor.

28 April - 3 May 2024

Cost: \$555 - 995

[More info](#)



Beholding Divine Beauty

How do we behold beauty ... taste it, experience its offerings? Where is beauty in our lives?

When is beauty divine, sacred ... where does meditation sit in it all?

The days will be marked by a cycle of prayer, meditation and silence, held by Paul and Judi Taylor, long-time members of the meditation community

www.wccmaustralia.org.au

10 - 15 May 2024

Cost: \$555 - 995

[More info](#)

Where East Meets West

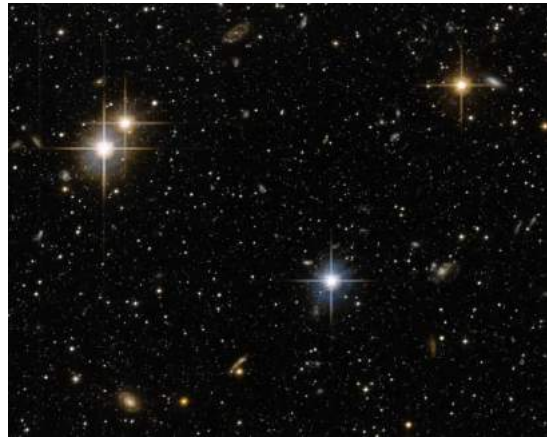
Discover the universality of Jesus Christ's teachings through the legacy of [Paramhansa Yogananda](#), author of the timeless spiritual classic ['Autobiography of a Yogi'](#), a book which has inspired many seekers onto the path to direct experience of God.

Born in 1893, he was the first yoga master of India to take up permanent residence in the West, following a divine mission to show that the teachings of East and West are both rays of the One Light.

The retreat will be held by Brahmacharini Bhakti, a long-time disciple of Yogananda and a founding member of [Ananda Sangha Australia](#), currently living in Melbourne.

7 - 9 June 2024

[Email for more info](#)



Mind the Gaps

Practicing Christian Meditation is a way which takes both space and time. It means creating gaps, separating our imaginings, thinking, planning from our being. In the words of John Main “we let go of them because we know we must enter into total silence.” The silence, too, is a gap for “at first it seems an emptiness and an absence.”

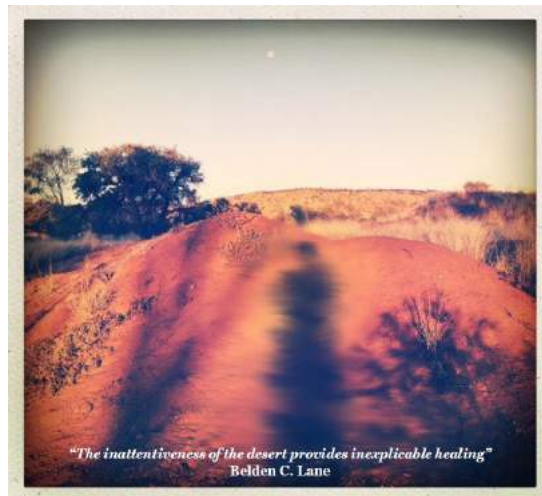
11 - 16 August 2024

Cost: \$555 - 995

[More info](#)

Desert, Dangers & Divine Disinterest

The setting is the evocative landscape of Central Australia, including an excursion into the East MacDonnell ranges. The days will be marked by a rhythm of prayer, meditation and silence, with input from Fr Bernard supported by members of the [WCCM](#) community reflecting on the day and sharing around the campfire in the evenings, with an opportunity to share in the Eucharist, and to walk the labyrinth, as well as an introduction to dadirri and other contemplative practices.



25 - 30 August 2024

Cost: \$555 - 995

[More info](#)

Other retreats

KINDNESS IN MOTION

Womens Wellness Retreat



Save the date

Retreat Dates for 2024
 March 17/03/24
 June 02/06/24
 September 15/09/24
 November 17/11/24

Join us for a rejuvenating escape, take a break and indulge in some 'me time' and connect with like-minded women

Retreat includes
 Exploring self-care techniques
 Embracing mindfulness practices
 Engaging in fun and transformative activities

Nourishing food, yoga, massage and mindfulness activity

Cost is \$250 or come with a friend for \$200 each

Bookings: essential - scan QR code or go to kindnessinmotion.com.au



Women's Wellness Day Retreats

Join Ruth Tahere for a rejuvenating escape, take a break and indulge in some 'me time' and connect with like-minded women.

Retreat includes:

Exploring self-care techniques
 Embracing mindfulness practices
 Engaging in fun and transformative activities.

Nourishing food, yoga, massage and mindfulness activity.

17 March, 2 June, 10 Sept, 17 Nov
 Cost: \$250 or come with a friend for \$200 each

[More info](#)

Writing Retreat

Enjoy a peaceful weekend of time and space to write in this fully catered, self-guided writing retreat, presented by the [NT Writers Centre](#).

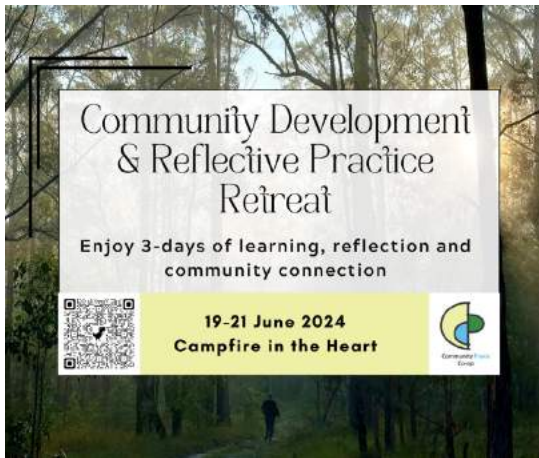
Writers will have the option to get together each day for yoga sessions and shared meals in like minded company.

5 - 7 April 2024

Cost: Packages from \$275 - \$495

[More info](#)





Community Development & Reflective Practice Retreat

Learn the art and method of participatory community development, a practice that provides guidance and support in building the essential skills in community processes for both citizens and professionals.

This retreat is facilitated by Peter Westoby and Rachael Donovan from [Community Praxis Co-op](#) and [Three Rivers Initiative](#).

The 3-day workshop can be attended as a day program or residential process.

19 - 21 June 2024

Residential packages: \$620 - \$1450

[More info](#)

Women's Mountain Biking Retreat

Imagine yourself mountain biking hand-made flowy trails amongst an ancient desert landscape of escarpments, ochre colours, ghost gums, and blue skies.

You are hanging out with like-minded women in an encouraging, supportive, and empowering environment. There is space to relax, laugh, connect, and do what you



need to rejuvenate. This is your time to ride, recharge, and live life fully.

The retreat is facilitated by George Landy of [Wellness on Wheels](#).

28 July - 3 August 2024

Cost: \$2,857 – \$3,397

[More info](#)

Weekly events



Monday Meditation

Mondays 5:30 pm

Suitable for beginners, as well as experienced meditators.

[More info](#)



Contemplative Book Club

Mondays 6:15 pm

Meditation + Reading + Reflection

[More info](#)



Campfire Reflection

Wednesdays 6:30 pm

A pot-luck dinner, followed by time of reflection and sharing around the campfire.

[More info](#)



Sunday Silence
Sundays 4 pm

A peaceful space for meditators of all traditions to come together and sit in silence.

[More info](#)



Online Offerings
Weekday mornings

Campfire in the Heart offers a free online meditation every weekday morning, followed by morning prayers.

[More info](#)



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